

(101FN24)

ASSIGNMENT-1
M.SC DEGREE EXAMINATIONS, APRIL/MAY-2025
FOOD AND NUTRITION SCIENCE - First Semester
NUTRITION THROUGH LIFE CYCLE
MAXIMUM MARKS :30
ANSWER ALL QUESTIONS

UNIT-I

1. Classify food groups and explain common symptoms and nutrition requirements during pregnancy?
2. What is a balanced diet? Discuss the importance of breastfeeding and nutrition requirements during lactation?

UNIT-II

3. Write a detailed note on the need, types, and importance of infant formulae and weaning foods?
4. Explain any two macronutrient deficiencies and their impact on health and the nutritional status of school-going children?

UNIT-III

5. Explain the following:
 - (a) Adolescent pregnancy
 - (b) Food habits in adolescence
 - (c) Obesity
6. Write in detail about the nutritional requirements of adults and explain the impact of stress on nutritional status?

(101FN24)

ASSIGNMENT-2
M.SC DEGREE EXAMINATIONS, APRIL/MAY-2025
FOOD AND NUTRITION SCIENCE - First Semester
NUTRITION THROUGH LIFE CYCLE
MAXIMUM MARKS :30
ANSWER ALL QUESTIONS

UNIT-IV

1. Discuss the process, physiological, biochemical, and body compositional changes during ageing?
2. Enumerate special problems of women during elderly? Explain.

UNIT-V

3. Explain in detail about nutritional requirements and special needs of sports persons during pre and post-sport event?
4. Give a detailed note on assessment strategies and the role of national agencies to improve the performance of sports persons?

(102FN24)

ASSIGNMENT-1
M.SC DEGREE EXAMINATIONS, APRIL/MAY-2025
FOOD AND NUTRITION SCIENCE - First Semester
FOOD CHEMISTRY AND ANALYSIS
MAXIMUM MARKS :30
ANSWER ALL QUESTIONS

UNIT I

1. Write about measurement, factors affecting water activity.
2. Explain the characteristics, Emulsions and forms of colloids.

UNIT II

3. Write the different methods of extraction of starch.
4. Discuss about the physical properties of lipids.

UNIT III

5. Write the nature and types of proteins in milk and fleshy foods.
6. Discuss about Micro-Kjeldahl methods.

(102FN24)

ASSIGNMENT-2

**M.SC DEGREE EXAMINATIONS, APRIL/MAY-2025
FOOD AND NUTRITION SCIENCE - First Semester
FOOD CHEMISTRY AND ANALYSIS**

MAXIMUM MARKS :30

ANSWER ALL QUESTIONS

UNIT IV

1. Explain about plant tissues and relationship with texture.
2. Write about the vitamins. Discuss in detail about it.

UNIT V

3. Discuss about the UV and AAS.
4. Write about the following.
 - (a) HPLC
 - (b) GC/MS.

(103FN24)

ASSIGNMENT-1
M.SC DEGREE EXAMINATIONS, APRIL/MAY-2025
FOOD AND NUTRITION SCIENCE - First Semester
CLINICAL NUTRITION AND DIETETICS
MAXIMUM MARKS :30
ANSWER ALL QUESTIONS

UNIT-I

1. Explain the interrelationship between food, nutrition, and health. Support your answer with relevant examples.
2. What are the basic principles of planning a healthy diet? Discuss the significance of balance in diet planning.

UNIT-II

3. Define diet counselling. Explain the different theories of diet counselling and their practical applications.
4. Explain the functions of a therapeutic, administrative, and consultant dietitian. How does a team approach benefit patient care?

UNIT-III

5. Discuss the types of progressive diets, including routine hospital diets, liquid diets, and soft diets.
6. What are enteral and parenteral nutrition methods? Explain their types, methods, and formulation of feedings.

(103FN24)

ASSIGNMENT-2

**M.SC DEGREE EXAMINATIONS, APRIL/MAY-2025
FOOD AND NUTRITION SCIENCE - First Semester
CLINICAL NUTRITION AND DIETETICS**

MAXIMUM MARKS :30

ANSWER ALL QUESTIONS

UNIT-IV

1. Explain the general dietary principles for musculoskeletal and rheumatic disorders such as osteoporosis, osteoarthritis, rheumatoid arthritis, and gout.
2. Write in details about the dietary management of AIDS patients.

UNIT-V

3. Describe the impact of food on drug therapy. What dietary modifications can be made to optimize drug efficacy?
4. Discuss strategies for managing food and drug interactions in clinical dietetics practice.

(104FN24)

ASSIGNMENT-1

**M.SC DEGREE EXAMINATIONS, APRIL/MAY-2025
FOOD AND NUTRITION SCIENCE - First Semester
FOOD SCIENCE AND EXPERIMENTAL FOODS**

MAXIMUM MARKS :30

ANSWER ALL QUESTIONS

UNIT 1

1. How to preserve nutrient losses during cooking? Explain.
2. Write about advantages and disadvantages of microwave and solar cooking methods.

UNIT 2

3. Define gelatinization? Describe factors effecting gelatinization.
4. Discuss about baking process.

UNIT 3

5. What are different kinds of milk? Write about its functional properties.
6. Write in detail about methods of meat tenderization.

(104FN24)

ASSIGNMENT-2
M.SC DEGREE EXAMINATIONS, APRIL/MAY-2025
FOOD AND NUTRITION SCIENCE - First Semester
FOOD SCIENCE AND EXPERIMENTAL FOODS
MAXIMUM MARKS :30
ANSWER ALL QUESTIONS

UNIT 4

1. Give about crystallization of sugars and confections.
2. Discuss about sources and functions of fats and oils.

UNIT 5

3. Explain about important requirement to conduct sensory evaluation.
4. Write about advantages and disadvantages of sensory evaluation of food.